



# St. George Orthodox Church of Prescott

Sunday, March 12, 2017—Sunday of St. Gregory Palamas  
Served by Fr. Jeffrey Frate

607 W GURLEY STREET, PRESCOTT, AZ 86305  
928-777-8750 [WWW.PRESCOTTORTHODOX.COM](http://WWW.PRESCOTTORTHODOX.COM)



METROPOLIS OF SAN FRANCISCO

## The Epistle Reading is from St. Paul's Letter to the Hebrews 1:10-14; 2:1-3

"IN THE BEGINNING, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation?

Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

## Gospel Reading is from Mark 2:1-12

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins"-he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

## PRAYER LIST

Kathy, Mary, Dan and Marcia Hill, Valentina Thommen, Fr. Makarios Mwaura and family (Kenya), Amber Brogger & children, Elena Cook, Walt Thayer, Vera Timotijevic, John Walendziak, Cynthia DeLeone, Roman Benyk, Karen Clark, Vadim, Kristina, Rochelle and Wayne Pedersen, Lisa, Mark and Jeannie Panos, Presvy Jenny Nicolaou Newlin, Maria Carolina, Bill Kountanis, Michele and McKenzie, Barbara Wright and John Vlahakis.

For our sons and daughters serving in the U.S. Armed Forces; Jordan Verespe, Don (Spyridon) Hock, Col. Stephen Close, Matthew Bricker, Matt Meyers, Joseph Peck and Brittany Rushing.

And for the departed Rt. Rev. Archimandrite Gabriel Cooke, may his memory be eternal.

And the departed Helen Wells, Bob (Timothy) Hunt, John Tupy, Kayla Mueller, Khrystyna Gavryushenko and the newly departed Kathy Hunt.

As members of an Orthodox Christian family, we are called upon to pray for each other.

If you would like us to remember you or your loved one in our prayers, please contact the church office at 928-777-8750 or e-mail the name of your loved one to [jillnormandin@gmail.com](mailto:jillnormandin@gmail.com)

## For our Visitors this morning!

If this is your first visit to an Orthodox Christian liturgy we welcome you in the name of our Lord and Savior Jesus Christ! The Eastern Orthodox Church traces her lineage back to the Day of Pentecost, the birth of the New Testament Church. We are liturgical in worship, using the liturgies developed in the fourth century and attributed to St. John Chrysostom, and St. Basil the Great, also, the Pre-Sanctified Liturgy attributed to St. Gregory Dialogos, Pope of Rome. Liturgy literally means, "work of the people", and it seems these services are attributed to these three saints because they were in every sense of the word champions of the people, caring for their flocks with true wisdom and discernment, and not afraid to suffer on their behalf, and on behalf of the truth. We are the "Church of the Bible" since it was in the bosom of the Church that the New Testament developed and was given birth. We are hierarchical in structure, visibly witnessing to, and manifesting, the reality that the grace of God flows from our one great High Priest and Hierarch, Jesus Christ, through the communion of hierarchs throughout the world to the entire body of the faithful, even to the smallest child. The apex of our worship experience is to commune with God in the Body and Blood of Christ. He Himself taught in the Gospel of St. John, "I am the living bread which came down from heaven; if anyone eats of this bread he will live forever; and the bread which I shall give for the life of the world is my flesh...For my flesh is food indeed, and my blood is drink indeed." (Jn 6:51,55) In light of this, the Divine Liturgy of the Orthodox Church is essentially Eucharistic, meaning it is offered in thanksgiving to the One Triune God who continuously sends down the Holy Spirit upon us and the bread and wine that we offer, making these humble things, for us the unworthy, the precious Body and Blood of Christ. **Please note that Holy Communion is reserved for those Orthodox Christians who have prepared themselves with prayer and fasting to receive the Holy Mysteries.** We do invite you to receive the blessed bread (antidoron) which is offered to all after the dismissal, and please do join us at the conclusion of the Divine Service for our fellowship meal in the hall next door. May the Lord richly bless your worship with us in this morning's Divine Liturgy!

### RESURRECTIONAL APOLYTIKION IN TONE FIVE

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

### GREGORY PALAMAS

Light of Orthodoxy, pillar and teacher of the Church, adornment of monastics, invincible champion of theologians, O Gregory thou wonder-worker, boast of thessalonica, herald of grace: ever pray that our souls be saved.

### APOLYTIKION OF ST. GEORGE

Liberator of captives, defender of the poor, physician of the sick, and champion of kings, O trophy-bearer, Great Martyr George, intercede with Christ God that our souls be saved.

### KONTAKION FOR THE ANNUNCIATION

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom.



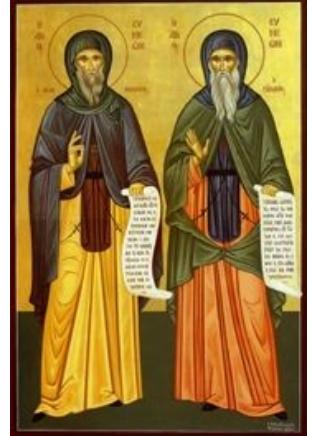
### Sunday Of St. Gregory Palamas (March 12)

This divine Father, who was from Asia Minor, was from childhood reared in the royal court of Constantinople, where he was instructed in both religious and secular wisdom. Later, while still a youth, he left the imperial court and struggled in asceticism on Mount Athos, and in the Skete at Beroea. He spent some time in Thessalonica being treated for an illness that came from his harsh manner of life. He was present in Constantinople at the Council that was convened in 1341 against Barlaam of Calabria, and at the Council of 1347 against Acindynus, who was of like mind with Barlaam; Barlaam and Acindynus claimed that the grace of God is created. At both these Councils, the Saint contended courageously for the true dogmas of the Church of Christ, teaching in particular that divine grace is not created, but is the uncreated energies of God which are poured forth throughout creation: otherwise it would be impossible, if grace were created, for man to have genuine communion with the uncreated God. In 1347 he was appointed Metropolitan of Thessalonica. He tended his flock in an apostolic manner for some twelve years, and wrote many books and treatises on the most exalted doctrines of our Faith; and having lived for a total of sixty-three years, he reposed in the Lord in 1359.

His holy relics are kept in the Cathedral of Thessalonica. A full service was composed for his feast day by the Patriarch Philotheus in 1368, when it was established that his feast be celebrated on this day. Since works without right faith avail nothing, we set Orthodoxy of faith as the foundation of all that we accomplish during the Fast, by celebrating the Triumph of Orthodoxy the Sunday before, and the great defender of the teachings of the holy Fathers today.

### Symeon The New Theologian (March 12)

Saint Symeon became a monk of the Studite Monastery as a young man, under the guidance of the elder Symeon the Pious. Afterwards he struggled at the Monastery of Saint Mamas in Constantinople, of which he became abbot. After enduring many trials and afflictions in his life of piety, he reposed in 1022. Marvelling at the heights of prayer and holiness to which he attained, and the loftiness of the teachings of his life and writings, the church calls him "the New Theologian." Only to two others, John the Evangelist and Gregory, Patriarch of Constantinople, has the church given the name "Theologian." Saint Symeon reposed on March 12, but since this always falls in the Great Fast, his feast is kept today.



### Pan-Orthodox Lenten Vespers Schedule Sundays at 6pm

| SUNDAY                      | LOCATION  | HOMILIST          | CHARITY                |
|-----------------------------|---|-------------------|------------------------|
| Second Sunday<br>March 12th | St. John the Evangelist<br>916 S. 52 <sup>nd</sup> Street<br>Tempe, AZ 85281    | Bishop Daniel     | St. Innocent Orphanage |
| Third Sunday<br>March 19th  | St. Sava Serbian Orthodox Church<br>4436 E. McKinley<br>Phoenix, AZ 85008       | Fr. Jeffrey Frate | St. Paisius Monastery  |
| Fourth Sunday<br>March 26th | St. Katherine Greek Orthodox Church<br>2716 N. Dobson Rd.<br>Chandler, AZ 85224 | Dcn. Drew Maxwell | OCCMC                  |
| Fifth Sunday<br>April 2nd   | St. Ignatius<br>5515 E. Redmont Circle<br>Mesa, AZ 85215                        | Fr. Andre Paez    |                        |

# This Week at St. George

**Sunday, March 12, 2017**

**8:30AM**

**Matins**

**9:30AM**

**Divine Liturgy**

**Wednesday, March 15, 2017**

**6:00PM**

**Pre-Sanctified Liturgy followed by Potluck**

**Friday, March 17, 2017**

**6:00AM**

**Pre-Sanctified Liturgy**

**6:30PM**

**Akathist Hymn to the Theotokos**

**Saturday, March 18, 2017**

**5:00PM**

**Great Vespers**

## Daily Orthros

Lenten Orthros will be served Monday—Wednesday at 9am.

## Attention Parents

Parents, please mind your children during fellowship. Children should stay within the fenced areas and be kept out of the upper and lower parking lots for their safety. Parishioners are concerned about hitting a child when backing out.. Additionally children should not be in the Sunday school building unattended by parents nor should any food be brought into the Sunday school building during fellowship. Food should be consumed in the fellowship hall or outdoor courtyard. Adults and children should dispose of their plates, cups and utensils in the trash barrels.

## Fundraiser for Project Mexico

Fr. Jeffrey, Rebekah, and Mary Frate, along with Christian Spreng will be attending Project Mexico this year. As part of their fundraising they will be taking orders next Sunday, the 19th, for Pascha Cheese (a sweet dessert), and Pascha bread, to be fulfilled on or near the Feast.

## Prayer for Evangelism in Ourselves and in Our Community

God of truth and love: Father, Son, and Holy Spirit, Hear our prayer for those who do not know You. That they may come to a saving knowledge of the truth, and that Your Name may be praised among all peoples of the world. Sustain, inspire, and enlighten Your servants who bring them the Gospel. Bring fresh vigor to wavering faith; sustain our faith when it is still fragile. Continually renew missionary zeal in ourselves and in the Church, and raise up new missionaries who will follow You to the ends of the world. Make us witnesses to Your goodness full of love, full of strength, and full of faith for Your glory and the salvation of the entire world. Through the prayers of all the missionary saints, Have mercy on us and save us. Amen.

If you have bulletin announcements, please contact Jill Normandin by Thursday to have your announcement included in the Sunday bulletin. Email [jillnormandin@gmail.com](mailto:jillnormandin@gmail.com) or call 928-533-3977 (email is preferable so no details are missed).

**St. George Parish Council: Gina Clark, President, George Rizk, Vice President, Kally Key, Treasurer, Laretta Gioia , Secretary and Council Members, Ty Freedman, Matt Maxwell, Kenny Scott, Robert Smith, and Raymond Zogob.**